

Thirteenth Sunday after Trinity, 30th August 2026
St Peter Mancroft Church
10.00am Sung Eucharist

Welcome to this service, which is also being live-streamed on the St Peter Mancroft YouTube channel. A hearing loop is available for use. Please join us for refreshments in the Octagon Room after the service.

Organ music before the service begins – played by Alice Smith
Petit Canon from Trois Pièces by Nadia Boulanger (1887-1979)

Short notices are given just before 10.00am.

Processional Hymn

Please stand if you're comfortable doing so.



**Who would true valour see,
let him come hither;
one here will constant be,
come wind, come weather;
there's no discouragement
shall make him once relent
his first avowed intent
to be a pilgrim.**

**Whoso beset him round
with dismal stories,
do but themselves confound,
his strength the more is.
No lion can him fright:
he'll with a giant fight,
but he will have the right
to be a pilgrim.**

**Hobgoblin nor foul fiend
can daunt his spirit;
he knows he at the end
shall life inherit.
Then, fancies, fly away;
he'll not fear what men say;
he'll labour night and day
to be a pilgrim.**

John Bunyan (1628–1688)
A&M 823

Welcome and Introduction

Please remain standing.

In the name of the Father,
and of the Son,
and of the Holy Spirit. **Amen.**

The Lord be with you
and also with you.

Prayer of preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

The Confession

The deacon then invites the people to confess their sins:

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Please sit or kneel.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The presiding minister then proclaims God's absolution:

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

The Gloria (Setting: Mass of St Thomas – Thorne)

Please stand if you are comfortable doing so to sing the Gloria.

**Glory to God, glory to God, glory to God in the highest.
Glory to God in the highest, and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Glory to God, glory to God, glory to God in the highest.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**Glory to God, glory to God, glory to God in the highest.
For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father.**

The Collect

Please remain standing.

Almighty God,
who called your Church to bear witness
that you were in Christ reconciling the world to yourself:
help us to proclaim the good news of your love,
that all who hear it may be drawn to you;
through him who was lifted up on the cross,
and reigns with you in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

First reading: Romans 12.9-21, read by Sue Dartnell

Please sit.

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' Do not be overcome by evil, but overcome evil with good.

This is the word of the Lord
Thanks be to God

Psalm: 26.1-8

Please remain seated. The congregation says the psalm together.

**Vindicate me, O Lord,
for I have walked in my integrity,
and I have trusted in the Lord without wavering.**

**Prove me, O Lord, and try me;
test my heart and mind.
For your steadfast love is before my eyes,
and I walk in faithfulness to you.**

**I do not sit with the worthless,
nor do I consort with hypocrites;
I hate the company of evildoers,
and will not sit with the wicked.**

**I wash my hands in innocence,
and go around your altar, O Lord,
singing aloud a song of thanksgiving,
and telling all your wondrous deeds.**

**O Lord, I love the house in which you dwell,
and the place where your glory abides.**

Gospel Reading - Matthew 16.21-28

Please stand if you're comfortable doing so for the gospel reading, and turn to face the centre of the Nave, from where the gospel will be read.

Alleluia, alleluia.

The word of the Lord endures for ever.

The word of the Lord is the good news announced to you.

Alleluia, alleluia.

Hear the gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.'

Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

'For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.'

This is the Gospel of the Lord,

Praise to you, O Christ.

Sermon, given by Brian O'Rourke

Please sit.

Nicene Creed

Please stand if you're comfortable doing so.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Intercessions, led by Justin Reynolds

Please sit or kneel.

This response may be used as part of the intercessions:

Lord, in your mercy:

hear our prayer.

At the end of the intercessions these words may be used:

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ. Amen.

The Peace

Please stand if you're comfortable doing so as the deacon introduces the Peace:

We are the body of Christ.

In the one Spirit we were all baptized into one body.

Let us then pursue all that makes for peace

and builds up our common life.

The peace of the Lord be always with you

and also with you.

Hymn

Please stand if you're comfortable doing so.



**O thou who camest from above
the fire celestial to impart,
kindle a flame of sacred love
on the mean altar of my heart!**

**There let it for thy glory burn
with inextinguishable blaze,
and trembling to its source return
in humble prayer and fervent praise.**

**Jesus, confirm my heart's desire
to work, and speak, and think for thee;
still let me guard the holy fire,
and still stir up the gift in me.**

**Ready for all thy perfect will,
my acts of faith and love repeat;
till death thy endless mercies seal,
and make the sacrifice complete.**

Charles Wesley (1707–1788)
A&M 258

The Preparation of the Altar Table

Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.
**All things come from you,
and of your own do we give you.**

The Eucharistic Prayer

Please remain standing for the first part of the prayer if you're comfortable doing so.

The Lord is here.
His Spirit is with us.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give thanks and praise.

You are worthy of our thanks and praise,
Lord God of truth,
for by the breath of your mouth
you have spoken your word,
and all things have come into being.
You fashioned us in your image
and placed us in the garden of your delight.
Though we chose the path of rebellion
you would not abandon your own.

Again and again you drew us into your covenant of grace.
You gave your people the law and taught us by your prophets
to look for your reign of justice, mercy and peace.
As we watch for the signs of your kingdom on earth,
we echo the song of the angels in heaven,
evermore praising you and singing:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna, hosanna, hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest.**

Please sit or kneel as the Eucharistic Prayer continues.

Lord God, you are the most holy one,
enthroned in splendour and light,
yet in the coming of your Son Jesus Christ
you reveal the power of your love
made perfect in our human weakness.

Embracing our humanity,
Jesus showed us the way of salvation;
loving us to the end,
he gave himself to death for us;
dying for his own,
he set us free from the bonds of sin,
that we might rise and reign with him in glory.

On the night he gave up himself for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Therefore we proclaim the death that he suffered on the cross,
we celebrate his resurrection, his bursting from the tomb,
we rejoice that he reigns at your right hand on high
and we long for his coming in glory.

As we recall the one, perfect sacrifice of our redemption,
Father, by your Holy Spirit let these gifts of your creation
be to us the body and blood of our Lord Jesus Christ;
form us into the likeness of Christ
and make us a perfect offering in your sight.

Look with favour on your people
and in your mercy hear the cry of our hearts.
Bless the earth, heal the sick,
let the oppressed go free
and fill your Church with power from on high.

Gather your people from the ends of the earth
to feast with all your saints at the table in your kingdom,
where the new creation is brought to perfection
in Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**

*We invite you to say the Lord's Prayer in the language in which you're most comfortable.
The presiding minister introduces the Lord's Prayer, saying:*

As our Saviour taught us, so together we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

The president breaks the consecrated bread, saying:

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

The Agnus Dei

**Lamb of God, you take away the sin of the world:
have mercy on us.
Lamb of God, you take away the sin of the world:
have mercy on us.
Lamb of God, you take away the sin of the world:
grant us peace.**

The president invites the people to receive communion, saying:

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Please follow the guidance of the Sidespeople as you come forward to receive Communion or a Blessing. Those sitting in the side aisles are invited forward first, and then those in the central nave starting from the back. Please approach down the central aisle and return to your place using one of the side aisles. Communion is given at the chancel step in the form of a bread wafer (please ask if you require gluten-free) and wine from the shared chalice. Following national guidance issued for health reasons, please note it is not permitted to dip your wafer in the shared chalice. If you do not wish to drink from the shared chalice simply return to your place after receiving the wafer.

Communion Hymn

Please remain seated for the singing of this hymn.



**Father, hear the prayer we offer:
not for ease that prayer shall be,
but for strength that we may ever
live our lives courageously.**

**Not for ever in green pastures
do we ask our way to be;
but the steep and rugged pathway
may we tread rejoicingly.**

**Not for ever by still waters
would we idly rest and stay;
but would smite the living fountains
from the rocks along our way.**

**Be our strength in hours of weakness,
in our wanderings be our guide;
through endeavour, failure, danger,
Father, be thou at our side.**

Love Maria Willis (1824–1908)
A&M 629i

Post Communion Prayers

Please remain seated or kneeling.

God our creator,
you feed your children with the true manna,
the living bread from heaven:
let this holy food sustain us through our earthly pilgrimage
until we come to that place
where hunger and thirst are no more;
through Jesus Christ our Lord. **Amen.**

Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.

Final Hymn

Please stand if you're comfortable doing so, turning to face the West end as the servers and ministers process out.



**Be thou my vision, O Lord of my heart,
be all else but naught to me, save that thou art;
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.**

**Be thou my wisdom, be thou my true word,
be thou ever with me, and I with thee, Lord;
be thou my great Father, and I thy true son;
be thou in me dwelling, and I with thee one.**

**Be thou my breastplate, my sword for the fight;
be thou my whole armour, be thou my true might;
be thou my soul's shelter, be thou my strong tower:
O raise thou me heavenward, great Power of my power.**

**Riches I heed not, nor man's empty praise:
be thou mine inheritance now and always;
be thou and thou only the first in my heart;
O Sovereign of heaven, my treasure thou art.**

**High King of heaven, thou heaven's bright Sun,
O grant me its joys after victory is won;
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.**

Rop tu mo baile, a Choindiu cride (Irish, 8th century)
trs. by Mary E Byrne (1880–1931) versified by Eleanor H Hull (1860–1935)
A&M 595

Final Blessing

The presiding minister uses these words:

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

Dismissal

The deacon dismisses the people using these words:

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Organ Voluntary: played by Alice Smith

Vater unser im Himmelreich by Georg Böhm (1661-1733)

*Please remain standing while the crucifer returns down the South Aisle to the Vestry.
You're then invited to sit for the organ voluntary, or feel free to depart.*

A collection is not being taken during the service at present, but if you wish to make a donation to the work of St Peter Mancroft please use the box or plate by the door, or the contactless donation point at the back of church, to give by card.

Following the service coffee is being served in the Octagon Room. Access is via the entrance on Hay Hill, for which please exit the church by the South door and head down the churchyard path. There are steps on this route – to avoid the steps please go out of the gate and down Hay Hill, re-entering the churchyard by the Octagon.

Copyright acknowledgment:

Some material included in this service is copyright: © The Archbishops' Council 2000

Copyrighted hymns reproduced under CCLI 280472